



केन्द्रीय विद्यालय निलेश्वर

KENDRIYA VIDYALAYA NILESHWAR

C/O GWLPS compound, Kadinhimoola, Thaikadappuram(PO),
Nileshwar (Via), District KASARAGOD – 671 314 (KERALA)
(KVS – An autonomous body under Ministry of HRD – Govt. of India)

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MAJOR DHYAN CHAND SINGH (29 AUGUST 1905 – 3 DECEMBER 1979)

IN COMMEMORATION OF BIRTH ANNIVERSARY OF MAJOR DHYAN CHAND , (KNOWN AS WIZARD OF INDIAN HOCKEY) WHO IS REGARDED AS NATION'S GREATEST HOCKEY PLAYER OF ALL TIME ; KENDRIYA VIDYALAYA NILESHWAR IS OBSERVING FIT INDIA SCHOOL WEEK FROM 24TH AUGUST TO 31ST AUGUST 2021. SPORTS DEPARTMENT OF K V NILESHWAR IS ORGANISING CERTAIN ACTIVITIES AND COMPETITIONS FOR THE STUDENTS COMMUNITY AS WELL AS PARENTS / STAFF COMMUNITY DURING THE FIT INDIA SCHOOL WEEK ARE AS FOLLOWS

1. SELFIE WITH SPORTSTAR : AN ACTIVITY FOR CLASSES I TO IX.
2. BOOK MARK MAKING COMPETITION FOR CLASSES I TO V.
3. SPEECH COMPETITION (ENGLISH/ HINDI) FOR CLASSES VI TO IX.
4. PENCIL DRAWING COMPETITION FOR CLASSES I TO V.
5. PAINTING COMPETITION FOR CLASSES VI AND VII.
6. POSTER MAKING COMPETITION FOR CLASSES VIII AND IX.
7. PARENT TO PARTNER : AN ACTIVITY FOR PARENTS.
8. MESSAGE TO STUDENTS ON NATIONAL SPORTS DAY : AN ACTIVITY FOR TEACHER COMMUNITY.
9. ONLINE SPORTS QUIZ FOR ALL (STUDENTS / TEACHERS / PARENTS).

FITNESS KA DOZ,

AADHA GHANTA ROZ

RAJANEESH KUMAR. P.S.
SPORTS DEPARTMENT,
K V NILESHWAR.



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SCHEDULE FOR FIT INDIA SCHOOL WEEK : COMPETITIONS AND ACTIVITIES

SERIAL NUMBER	DATE AND DAY	NAME OF THE COMPETITION / ACTIVITIES	CLASSES / COMMUNITY	SUBMISSION DATE OF ENTRIES
1	25.08.2021 WEDNESDAY	SELFI WITH SPORTSTAR : AN ACTIVITY	CLASSES I TO IX	ON OR BEFORE 31.08.2021, 8 PM
2	26.08.2021 THURSDAY	BOOK MARK MAKING COMPETITION	CLASSES I TO V	
3	26.08.2021 THURSDAY	SPEECH COMPETITION (ENGLISH OR HINDI)	CLASSES VI TO IX	
4	27.08.2021 FRIDAY	PARENT TO PARTNER : AN ACTIVITY	PARENTS	
5	28.08.2021 SATURDAY	PENCIL DRAWING COMPETITION	CLASSES I TO V	
6	28.08.2021 SATURDAY	PAINTING COMPETITION	CLASSES VI, VII	
7	28.08.2021 SATURDAY	POSTER MAKING COMPETITION	CLASSES VIII, IX	
8	29.08.2021 SUNDAY	MAKE VIDEO OF YOUR FAVOURITE SPORTS/ SKILLS IN SPORTS/ FITNESS : AN ACTIVITY	CLASSES II TO IX	
9	30.08.2021 MONDAY	MESSAGE TO STUDENTS ON NATIONAL SPORTS DAY / RECOLLECT YOUR MEMORIES IN SPORTS.	TEACHERS	
10	31.08.2021 TUESDAY	ONLINE SPORTS QUIZ	STUDENTS/ TEACHERS/ PARENTS	ONLINE ACTIVITY

NOTE : Always be punctual and stick to the timings mentioned in the schedule and do accordingly. Details of the competitions will be informed to you through WhatsApp and CCA/ PHYSICAL AND HEALTH EDUCATION Google classroom. Students are instructed to post the entries only in their respective CCA/ PHYSICAL AND HEALTH EDUCATION Google Classroom not in class WhatsApp group, as per the schedule of submission. Late submission of entries and entries received through WhatsApp, will not be entertained.

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SPORTS DEPARTMENT,
K V NILESHWAR.